



***Kumiai-Ryu offers you
the chance to kick
the winter time blues!***

Kumiai-Ryu Martial Arts System

Increase your fitness whilst improving your co-ordination, flexibility and strength.

Unlike any other activity, you will also learn an effective personal protection program in a fun environment.

Grab a friend or bring the whole family along and take advantage of our FREE OFFER.

***Discover the person within, while making
a healthy and active life change TODAY***

Present this flyer at your local Kumiai-Ryu Martial Arts Centre and receive an introductory lesson free.

**Print this flyer and take it to your
nearest Kumiai-Ryu training location
to receive your first lesson free.**

Website: www.kumiai-ryu.com.au

Government Accredited Instructors who are members of the Martial Arts Industry Association



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